



Training Learning & Consultancy

*For young people and those working
with children and young people*

April 2011

About us

Our vision

CROA improves access to and promotes the human rights of Children & Young People in need through campaigning, training & policy support for Children's Rights Officers & Advocates.

CROA is a not for profit membership organisation with 20 years experience of meeting the training and support needs of our members.

We are a national training provider, specialising in children's rights, participation and advocacy. Our award winning training is rooted in the experiences of young people themselves and has been developed in partnership with them.

We offer a range of **Open College Network** accredited courses for adults and young people and can provide bespoke consultancy and training.

Our training team, many of whom are care experienced, deliver to a range of statutory and third sector organisations across the country.

For further information and booking enquiries contact our training manager Jane Menday

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Accreditation

CROA is a registered learning centre with the **Open College Network** London Region (OCNLR).

The majority of our courses are accredited at level 2 or level 3.

Level 2 is comparable to a GCSE A-C Grade

Level 3 is comparable to A Level

All accredited courses are fully assessed and verified to ensure the quality of training delivery and assessment is of a high standard.

We use a variety of teaching styles to support learners to achieve their potential. The learner portfolio is a key part of the course as it is evidence of learning. Evidence can be gathered for the portfolio in many ways; these include video recordings, telephone interviews, pictorial responses and peer observations.

Participants value the accreditation of their learning as it provides them with a nationally recognised qualification. For some young learners, it is the only qualification that they gain.

Some of the organisations we have worked with:

Acorn House Fostering Services

A National Voice

Barnardo's

Birmingham Children's Rights Service

Connexions Community Links

Kirklees Children's Rights Service

Manchester Metropolitan University

YoungMinds

**Dudley Metropolitan
Borough Council**

Lambeth Council

**North Yorkshire
County Council**

Sandwell Council

**South Gloucestershire
Council**

Wiltshire Council

Courses for adults

Total Respect

Total Respect is a national award winning training resource delivered by care experienced trainers. It supports the full implementation of the United Nations Convention on the Rights of the Child (UNCRC).

By the end of this course: you should have a thorough understanding of children's rights, including the right to participation, and relevance to the delivery of child centred services.

Total Respect will help you carry out your responsibilities to children and young people, as outlined in: UN Convention on the Rights of the Child 1989, Human Rights Act 1998, Children Act 1989, Children Act 2004, Children's Services Planning guidance, UK National Standards for Foster Care, Standards for Agencies providing Advocacy to Children and Young People in England, Assessments of Children in Need guidance, Working Together to Safeguard Children guidance, Every Child Matters.

You will explore: assumptions about children and young people, listening to young people, advocacy and children's rights, involving young people within care planning, young people's involvement in policy development and the experiences of being a child in care.

The course is designed to energise and motivate you, with there being plenty of activities to get you thinking about how children and young people experience being looked after.

Who for: Adults responsible for, or working with children or young people in care (maximum 20 participants)

Length: 2 days

Cost: £2,750

We recommend this training for:

social workers / participation workers / foster carers / residential staff / designated teachers / team managers / elected members / senior managers / independent reviewing officers / service directors

Courses for adults & young people

Training the Trainers to Deliver Total Respect

This course focuses on developing young people's and adult's training and facilitation skills so that they can co-deliver the **Total Respect** course within their own organisation.

By the end of this course: young people and adults should be able to confidently work together as co-trainers to deliver the **Total Respect** training course in-house.

Who for: Adults and young people (maximum 12 participants)

Length: 3 days training, and 1 day portfolio building

Cost: £4,950

Accreditation: Level 2 OCNLR additional cost of £65 per learner (9 credits)

Day 1: Communication and confidence building (3 credits)

Day 2: Training and presentation skills (3 credits)

Day 3: Understanding **Total Respect** (3 credits)

Day 4: Portfolio building and course work with trainer support as required

“The whole 3 days were good - the trainers were really friendly, approachable and knowledgeable”

“I learnt techniques to deal with difficult situations. It showed me that I needed to prepare better and helped improve my confidence”

Courses for young people

Empowering Young People to Participate in Children In Care Councils

By the end of this course you should: have the basic skills and confidence required to take an active part in your Children In Care Council, contributing to the improvement of services in your local authority.

Who for: Young people (maximum 12 participants)

Length: 1 day per unit

Cost: £495 per unit

Accreditation: Level 2 OCNLR (additional £20 accreditation fee per learner per unit)

Units currently available:

Unit 1: Training and presentation Skills (3 credits)

Unit 2: Strategies for positive communication with professionals (2 credits)

Unit 3: Group work and facilitation skills (2 credits)

Unit 4: Note-taking skills (2 credits)

Unit 5: Communication and confidence building (3 credits)

Further units can be developed to meet specific needs

“I learnt to work as part of a team and to talk more clearly and confidently”

“I learnt how to be an active listener”

“I came away feeling much more confident about my role”

Courses for adults

Independent Advocacy with Children and Young People

By the end of this course you should: have a thorough understanding of safe and effective advocacy practices and have clarity about your role as an advocate working with children and young people.

Who for: Adults (maximum 16 participants)

Length: 2 days

Cost: £495 per participant or £1,320 for delivery in-house

Accreditation: Level 3 OCNLR (additional £65 accreditation fee per learner)

Unit 1: Introduction to advocacy (2 credits)

Unit 2: Exploring the advocacy process (2 credits)

Unit 3: Relevant legislation and practical skills (2 credits)

An Introduction to Advocacy with Disabled Children and Young People

By the end of this course you should: have acquired practical advocacy skills in working with disabled children and young people; explored different methods of communication, and have an understanding of the appropriate use of **Non Instructed Advocacy (NIA)**.

Who for: Adults (maximum 16 participants)

Length: 3 hours

Cost: £55 per participant or £330 for delivery in-house

Courses for adults

Enabling Young People to have a Voice

Who for: Adults (maximum 16 participants)

Length: 3 days or 1 day

Cost: £990 per course (3 days) or £330 per unit (1 day course)

Accreditation: Level 3 OCNLR (additional £25 accreditation fee per learner per unit)

Understanding Children's Rights (2 credits)

By the end of this course you should: have a thorough understanding of why children's and young people's rights exist, which are relevant to your work, and how to promote them in your organisation.

Participation - Positive Involvement of Children and Young People (2 credits)

By the end of this course you should: understand why participation is important, which skills are needed to positively involve children and young people in your work, and what effective participation looks like.

Advocacy and Change for Children and Young People (2 credits)

By the end of this course you should: have a thorough understanding of how advocacy can bring benefit and change in a community for children and young people, together with your role as an advocate. You will have explored power issues and relationship dynamics, and how to develop an advocacy plan with children and young people.